



NEW PATIENT INFORMATION & OFFICE POLICIES

Welcome & thank you for choosing our office!

Please take time to familiarize yourself with our doctors, services & policies.

Dr. Ryan Emmons

Mondays	9:00-2:00
Tuesdays	2:00-7:00
Wednesdays	9:00-2:00
Thursdays	2:00-7:00
Fridays	9:00-2:00

Dr. Angela Pucci

Mondays	4:00-7:30
Tuesdays	9:00-1:00
Wednesdays	4:00-7:30
Thursdays	9:00-1:00
Saturdays	9:00-1:00 (alternating)

Chiropractic

Chiropractic adjustments and/or mobilizations (gentle movements of a joint that does not involve a high-velocity thrust) can help restore movement in joints, thus improving the joints ability to function. Manipulation and mobilization can also affect the nervous system, improving health.

Active Release Techniques® (ART®)

ART® locates & treats problems with muscles, ligaments, fascia & nerves; breaking down adhesions that could otherwise progress into further soft tissue injuries.

Graston® Technique

Graston® Technique is an innovative, patented form of instrument-assisted soft tissue mobilization that enables clinicians to effectively break down scar tissue and fascial restrictions. This technique utilizes specially designed stainless steel instruments to specifically detect and effectively treat areas exhibiting soft tissue fibrosis or chronic inflammation.

Acupuncture

Acupuncture is an old therapeutic method from Chinese Medicine in which fine, solid needles are inserted into the skin at specific points, at varying depths and are left in place or manipulated by electrical stimulation. Cadence offers Traditional Chinese as well as Contemporary Acupuncture.

Orthotics & Footwear

We have a computerized foot analysis system to analyze foot biomechanics & gait while providing the information necessary to custom build an orthotic for your foot. Orthotics support and correct misalignment in your feet in order to help your feet function more optimally. The orthotic is placed in your shoe and helps align your foot to encourage optimal and efficient functioning.

Kinesio Taping

Kinesio Taping is a newer treatment that gives support & stability to joints and muscles without affecting circulation or range of motion. It uses non-restrictive tape to help reduce pain, inflammation, relax overused muscles & support muscles in movement.

Foam Rolling

Foam rolling is used to help with muscle pain and tightness. Learn how to roll with proper technique according to the latest research. Travel Roller foam rollers are also available.

Arriving Late for Your Appointment

Arriving late for your scheduled appointment may result in a shortened treatment time, especially if the Doctor has many patients to see that day. Please familiarize yourself with our location and all parking options so that you get the most out of your scheduled treatment!

* Dr. Ryan Emmons' patients * please note, your appointment may be rescheduled if you are more than 5 minutes late.

Cancelling & Rescheduling Appointments

24 hours advanced notice is required for all appointment changes (cancellations and rescheduling). Should *24 hours* notice not be given, or should you fail to show for your scheduled appointment, you will be charged **50% of your treatment fee**.

New Complaint

Appointment times allow for the time necessary to address **one** area of complaint. If you have two complaints or if you have a new complaint extra time will need to be scheduled. **Please notify reception when booking a follow-up visit in order to give you the best possible treatment.**

Fee Schedule

It is our policy that treatments are paid for the day the service is provided. In an attempt to be eco-friendly, **receipts** will be emailed to you unless you express otherwise. Fees for services offered at Cadence Sports Therapy are as follows:

Chiropractic		Other Services	
Initial Examination (includes Treatment)	\$150	Orthotic Assessment	\$60
Chiro & ART / Graston / Acupuncture (15min)	\$78	Orthotics	\$450
Chiro & ART / Graston / Acupuncture (30min)	\$100	Compression Stockings	varies
Adjustments		Foam Rollers	\$50
Adults	\$50	Functional Gait Analysis	\$200

Treatment Plan

In order to serve you and your family efficiently and to obtain the best results, we recommend to you a Treatment Plan; a course of care specific to your needs. Consistency with treatment is key!

Referrals to our office

As our patients begin moving and functioning better, we see less and less of you. This allows more time for new patients. We consider a referral from you a true compliment and a gesture that you want to help others live the best they can!